

Dramatherapy Information Sheet

Roundabout



is a registered charity with over thirty years of experience providing dramatherapy in schools and other settings across London. Roundabout's Mission Statement is 'Turning Lives Around with Dramatherapy'.

Its 5 core values are: **Professional - Effective - Empowering - Supportive - Inclusive**
Roundabout conducts long-term, short-term, individual and group dramatherapy
weekly projects: <http://www.roundaboutdramatherapy.org.uk/>

Roundabout Dramatherapists work to the British Association of Dramatherapists Code of Ethical Practice for Working in Schools <http://badth.org.uk>, are checked by the Disclosure and Barring Service (DBS) and are registered with the Health and Care Professionals Council (HCPC) <https://www.hcpc-uk.org/>.



Dramatherapy

is an enjoyable, accessible and beneficial method of working with difficulties and issues because it uses arts-based tools such as *Story work* (telling-listening-making up-enacting), *Sound making* (instruments and voice), *use of props* (figures, soft toys, puppets, fabrics, cards) *Body work* (movement, miming, mirroring, dancing, role-playing and action games) *Building and creating* (drawing, arts and crafts, den building).



Dramatherapy offers children, a safe space for them to exert agency and explore and value their own thoughts, ideas and feelings. It can help children to learn about themselves and others and to find ways to cope better at difficult times.

Dramatherapy can enable children to cope with change, deal with anxiety and develop strong supportive relationships with others. While the sessions have clear boundaries and structure, it aims to empower children to lead the content of the sessions through their spontaneous play to enable them to express what they need.



Evaluation



Evaluation is key to Roundabout's development and professional excellence. We invite children and their carers to take part in the evaluation of the sessions before and after the intervention. These evaluations are kept in accordance with General Data Protection Regulations.

Roundabout Dramatherapists may present their clinical work and research at conferences and in publications in the UK and internationally. The dramatherapy work taking place with your children could, fully anonymised, be part of publications or presentations. We ask parents/guardians consent for this before the start of the intervention in the consent form.

